***WELCOME TO A Level PSYCHOLOGY***



*Welcome!*

*The pack is designed to introduce you to A level Psychology ready for KC Sixth.*

***Textbooks***

*Textbooks are essential to succeed on the course. Here are some of the recommended ones:*

*We do have an online copy of the 1st book (Green haired girl). You will be given the codes to access in September but it is always good to have a physical copy!*

A purple cover with yellow text

Description automatically generated with low confidenceA book cover with a cat walking on a row of books

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***Recommended Viewing***

* *A Beautiful Mind (2001): Ron Howard's brilliant film not only educates the viewer about schizophrenia but ingeniously brings the viewer to empathize - and to a degree - experience the confusing pain of schizophrenia, as portrayed by Russell Crowe as mathematics genius, John Nash.*
* *One Flew over the Cuckoo's Nest (1975): For a generation of students new to psychology, this film offers a slice of their profession's history, as seen in the barbaric and controlling treatment of patients at a psychiatric hospital.*
* *To Kill a Mockingbird (1962): Regarded by the American Film Institute as depicting the greatest hero in American cinema, Atticus Finch (Gregory Peck), an attorney who defends a Black man accused of rape. Heroes and exemplars portrayed in films can serve as powerful motivators in treatment.*
* *The Shawshank Redemption (1994): one of the most popular films ever made, perhaps due to the ease an individual can relate to the story of a man wrongfully imprisoned but never giving up hope. Since most clients seeking psychology services are seeking hope, this is a great film to recommend as a treatment adjunct.*

***Recommended Reading***

* *The Lucifer Effect-Zimbardo*
* *The Social Animal*
* *Mark Haddon- The Curious Incident of the Dog in the Night Time*
* *Oliver Sacks- The Man who mistook his wife for a hat*
* *Putwain and Sammons- Psychology and Crime*
* *Judith Rapoport- The boy who couldn’t stop washing*

***Useful Websites:***

* *http://psychcentral.com*
* *https://www.psychologytoday.com/*
* *http://www.spring.org.uk/*
* *http://www.bbc.co.uk/science/humanbody/mind/index.shtml*
* [*http://digest.bps.org.uk/*](http://digest.bps.org.uk/)
* [*https://www.ted.com/topics/psychology*](https://www.ted.com/topics/psychology)

***Summer Task***

*In preparation for the Social Influence Unit, research the following experiments*

* *Asch (1951)*
* *Milgram (1963)*
* *Zimbardo (1969)*

*Research what happened in the experiment and come up with an overall conclusion.*

*In preparation for the Psychopathology unit, research the following psychological disorders.*

* *OCD*
* *Depression*
* *Phobias*
* *Schizophrenia*

*Find out their causes, symptoms and current treatments.*

***Have a great summer and I look forward to seeing you in September!***

***Catherine (cw@kendal.ac.uk)***